

COSMIC PORTALS



Discover the Energies
That Shape Your Life



THE COSMIC CONNECTION

For millennia, humanity has **looked to the stars to find meaning and purpose.** These celestial patterns have guided civilizations, shaped cultures, and helped individuals navigate their personal journeys.

But what if these cosmic forces were more than distant markers in the sky? **What if they were intimately connected to your growth, your struggles, and your potential?**



This eBook is **inspired by the teachings of Matías De Stefano**, whose unique perspective reveals how **the cosmos is not something outside of us—it is within us.**

According to Matías, each star, planet, and cycle reflects patterns that echo in our thoughts, emotions, and actions.

By recognizing these patterns, we gain **a roadmap for understanding our lives and aligning with the natural flow of the universe.**

In this eBook, you will:

- Discover the 12 portals, powerful cosmic energies that guide your personal and spiritual evolution.
- Learn how these portals reflect the cycles of the universe and the matrix of patterns within you.
- Gain a deeper understanding of the connection between your inner world (microcosm) and the universe (macrocosm).
- Take the first step toward uncovering your cosmic path with a practical guide to your Sun, Moon, and Ascendant.



as above

This knowledge is rooted in Matías' profound understanding of **the interplay between the stars and our being**. Whether you're **looking to understand yourself better, navigate challenges, or embrace your highest potential**, this guide will introduce you to the **powerful framework** that has shaped his teachings and inspired countless others.

so below





WHAT ARE COSMIC PORTALS?

Cosmic portals **are gateways to understanding the flow of energy that moves through life**, shaping who you are and how you interact with the world. These portals **offer profound insight into the patterns influencing your thoughts, emotions, and actions.**

When used as tools, they can **help you align with your true self and live with clarity, purpose, and empowerment.**



Each year, **there are 12 portals available to you**, each corresponding to a zodiac sign. As the Sun transitions through the zodiac, **the energy of each portal opens, bringing new opportunities for growth, reflection, and transformation.**

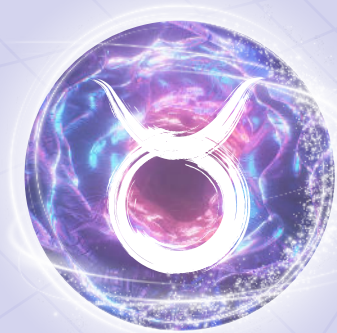
Each month a Cosmic Portal opens, giving you the opportunity to work on your inner cosmos. They give you direction and enhance your spiritual journey.

Here are a few examples of what that might look like:



ARIES (MARCH-APRIL):

A time of initiation, courage, and beginnings. The energy of Aries invites you to take bold steps and embrace new opportunities. It's a portal for tapping into your inner strength and leadership, encouraging you to move forward fearlessly, even if the path is uncertain.



TAURUS (APRIL-MAY):

Grounding energy focused on stability and building resources. Taurus teaches us the value of patience and persistence, reminding us to cultivate what truly matters. It's a time to focus on creating security—both emotionally and materially—and nurturing a sense of gratitude for life's simple pleasures.



GEMINI (MAY-JUNE):

An invitation to communicate, connect, and exchange ideas. Gemini's energy is playful and curious, inspiring you to explore new perspectives and relationships. This portal encourages flexibility and adaptability, making it the perfect time to learn, share, and build bridges with others.

LET THE COSMOS GUIDE YOU

These cosmic energy portals offer you a chance to **enhance various aspects of your life in a structured and intentional way.** Each portal focuses on a different dimension of your being, guiding you through a journey of self-reflection, growth, and transformation.

By the end of the year, you will have explored and worked on the entirety of who you are—mind, body, and spirit.



In today's fast-paced world, it's **easy to feel overwhelmed by the desire to improve everything all at once**. This often leads to confusion, frustration, and a lack of progress. **By aligning with the energies of the cosmic portals, you can simplify your personal journey**. These energies act as a natural boost, helping you focus on one aspect of your life at a time. This alignment not only makes your efforts more manageable but also **amplifies your progress, as you're working in harmony with the universal flow of energy**.

The energies of the cosmos are not external forces acting upon you—**they live within you, influencing your thoughts, emotions, and actions.** Everything in the universe follows a cycle, a repeating pattern that creates the rhythm of life. From the phases of the Moon to the changing seasons, from the rising and setting of the Sun to the ebb and flow of tides, **cycles are the foundation of existence.**

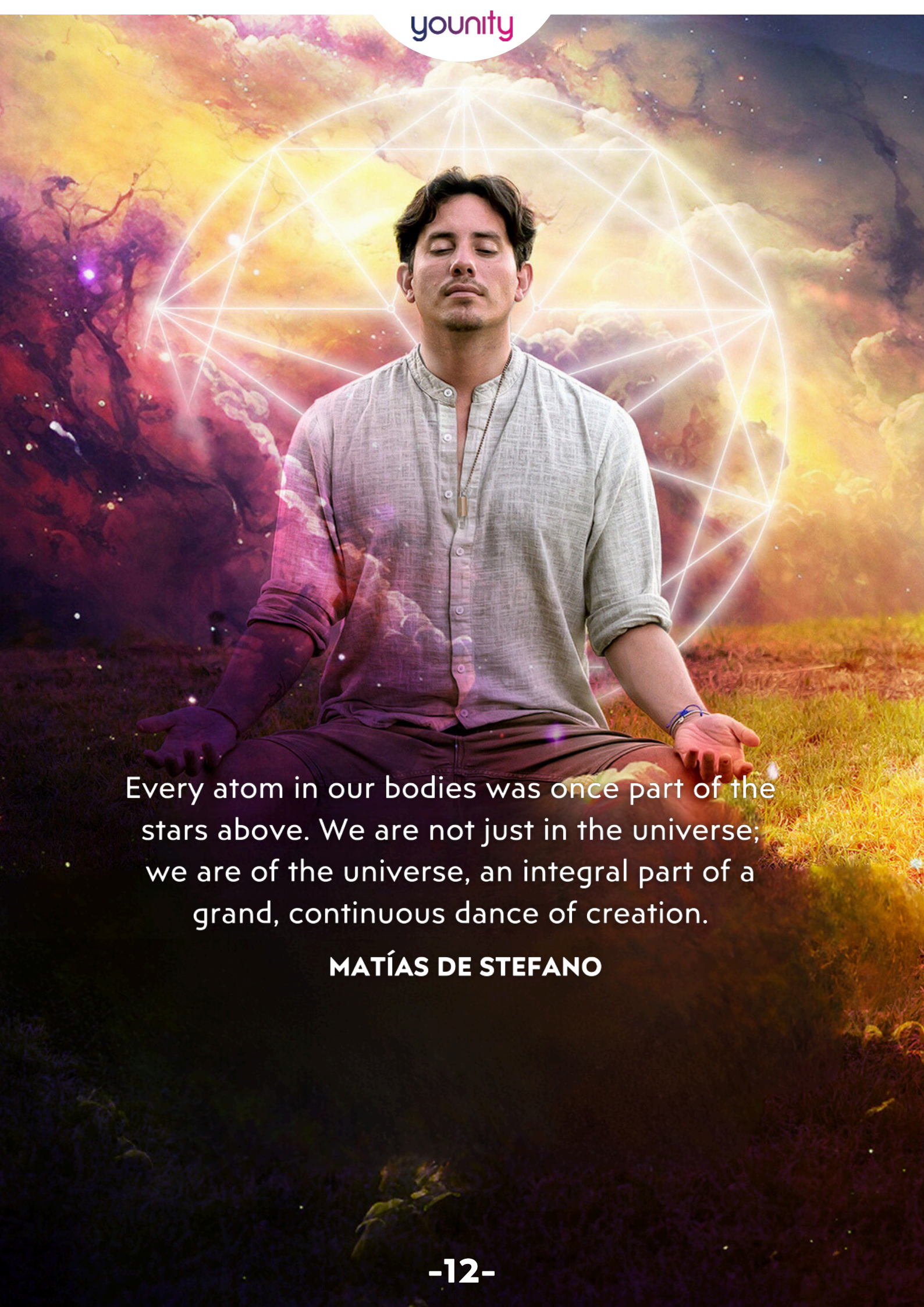


Just as these earthly cycles guide life, the planets and the zodiac **follow a cosmic cycle that has shaped life on Earth for billions of years.** This grand celestial rhythm is reflected in the 12 cosmic portals, each **offering unique energies that influence both the macrocosm of the universe and the microcosm within us.**

Understanding this cycle is like unlocking a blueprint —a guide that not only reveals what to expect but also provides an instruction manual for navigating your personal journey. By aligning with these cosmic rhythms, you gain clarity, focus, and the ability to flow with the universe's energy rather than against it.

These cosmic portals:

- Illuminate patterns in your life that may be holding you back.
- Provide insights into how to work with challenges rather than against them.
- Offer a deeper understanding of how you fit into the larger cosmic picture.

A man with dark hair and a beard is sitting in a meditative pose on a grassy field. He is wearing a light-colored, button-down shirt and dark pants. His eyes are closed, and his hands are resting on his knees with palms facing up. Behind him is a large, glowing geometric shape, resembling a Sri Yantra or a complex mandala, composed of white lines. The background is a dramatic, colorful sky with swirling clouds in shades of orange, yellow, and purple, suggesting a sunset or sunrise. The overall atmosphere is spiritual and serene.

Every atom in our bodies was once part of the stars above. We are not just in the universe; we are of the universe, an integral part of a grand, continuous dance of creation.

MATÍAS DE STEFANO

THE 12 COSMIC PORTALS

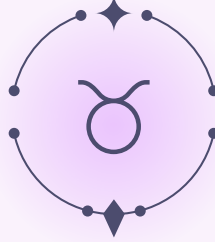
A GLIMPSE INTO THE ENERGIES

ARIES



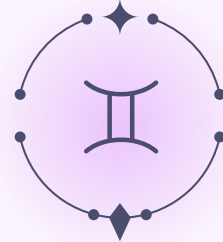
THE INITIATOR:
ACTION, COURAGE,
BEGINNINGS.

TAURUS



THE BUILDER:
STABILITY, RESOURCES,
GROUNDING

GEMINI



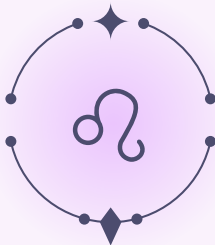
THE CONNECTOR:
COMMUNICATION,
CURIOSITY, EXCHANGE

CANCER



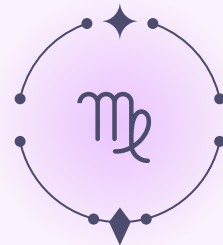
THE NURTURER:
FAMILY, EMOTIONS,
BELONGING

LEO



THE CREATOR:
CONFIDENCE, SELF-
EXPRESSION, LEADERSHIP

VIRGO



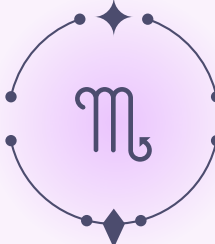
THE ORGANIZER:
PRACTICALITY,
REFINEMENT, SERVICE

LIBRA



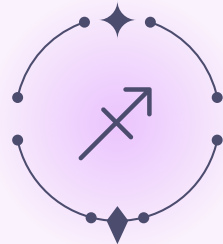
THE HARMONIZER:
RELATIONSHIPS,
BALANCE, JUSTICE

SCORPIO



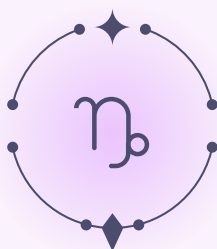
THE TRANSFORMER:
DEPTH, INTUITION,
REBIRTH

SAGITTARIUS



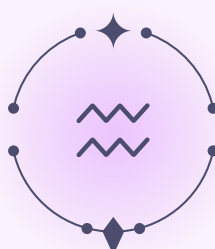
THE EXPLORER:
VISION, GROWTH, HIGHER
LEARNING

CAPRICORN



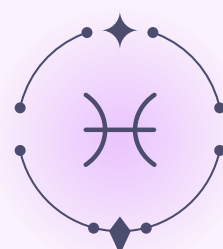
THE ARCHITECT:
DISCIPLINE, STRUCTURE,
ACHIEVEMENT

AQUARIUS



THE INNOVATOR:
CHANGE, COMMUNITY,
FUTURE VISION

PISCES



THE DREAMER:
INTUITION, UNITY,
TRANSCENDENCE



A FIRST GLIMPSE OF YOUR COSMIC PATH

The day you were born, the stars and planets of the cosmos aligned in a unique way, **creating a celestial blueprint of who you are.** This alignment isn't just a reflection of where the planets happened to be—it's a map of the energies you carry, the challenges you may face, and the potential you hold.



In the next section, we'll **guide you through a practical exercise to uncover three key components of your astrological chart.** This is an opportunity to deepen your understanding of astrology, **gain insight into yourself, and take your first step toward aligning with the cosmic energies** that influence your life.



Your Sun, Moon, and Ascendant are three key elements of this blueprint. Together, they offer profound insight into your personality, emotions, and the path your soul is walking in this lifetime. The Sun reveals your essence and the light you're here to shine. The Moon unveils your inner emotional world and how you nurture yourself. The Ascendant acts as the compass for your soul's journey, showing the lessons you're here to learn and the qualities you're working to develop.

As you reflect on your Sun, Moon, and Ascendant, you'll not only **deepen your understanding of who you are, but also prepare for your journey through the cosmos with Matías De Stefano.** The insights you gain will serve as a foundation for exploring the broader patterns and cycles that shape your reality.

STEP 1: FIND YOUR SUN, MOON, AND ASCENDANT

To get started, you'll need your astrological birth chart. You can easily generate one online with your birth date, time, and location.

[CREATE YOUR CHART HERE](#)

Once you have your chart, locate:

- **Your Sun sign:** This is usually easy to find and reflects your birth month.
- **Your Moon sign:** It may require checking the details of your chart.
- **Your Ascendant (or Rising) sign:** This is determined by your exact birth time and location.

STEP 2: UNDERSTAND WHAT THESE MEAN

The Sun, Moon, and Ascendant are **often referred to as the “big three” in astrology because they offer a powerful foundation for understanding your inner and outer world.** Together, they provide a dynamic view of who you are, how you feel, and how you navigate life.

While each of these aspects tells its own story, **it’s the interplay between them that creates the full picture of your astrological blueprint.** Understanding their combined influence is the key to unlocking deeper self-awareness and harmony.

In the next pages, we’ll explore each aspect in more detail, offering insights into how they shape your personality and guide your growth.



SUN: YOUR CORE SELF

The Sun represents **your essence, vitality, and the core of who you are.** It's the driving force behind your personality, illuminating your strengths, motivations, and the path you're meant to shine on. **Often called your "ego," the Sun reveals the qualities that make you uniquely you and the light you bring to the world.**

On the next page you'll find some journal prompts to help you connect with your sun on a deeper level.

EXERCISE

1. What are the qualities or passions that light me up and make me feel most alive?

2. How do I express my true self in my daily life, and where might I be holding back?

3. What unique strengths or talents do I feel called to share with the world?



MOON: YOUR EMOTIONAL WORLD

The Moon governs your inner world—your feelings, intuition, and subconscious. It reflects your emotional needs, your instinctive reactions, and how you find comfort and security. As the quieter, more reflective counterpart to the Sun, **the Moon holds the key to understanding your emotional depths and how you nurture yourself and others.**

On the next page you'll find some journal prompts to help you connect with your moon on a deeper level.

EXERCISE

1. What emotions do I find myself returning to most often, and what do they reveal about my inner needs?

2. How do I respond when I feel vulnerable, and what helps me feel secure and nurtured?

3. What unconscious patterns or fears might be shaping my emotional reactions?



ASCENDENT: YOUR LIFE'S PATH

The Ascendant, or Rising Sign, represents the path your soul is walking in this lifetime. It reflects the challenges you face and the lessons you're here to learn, shaping the qualities you're meant to develop. As a guide to your personal growth, **the Ascendant helps you understand how to navigate life's journey with greater alignment and purpose.**

On the next page you'll find some journal prompts to help you connect with your ascendent on a deeper level.

EXERCISE

1. What recurring challenges or patterns seem to show up in my life, and how might they be teaching me something deeper?

2. What qualities or traits am I being invited to develop as I face these challenges?

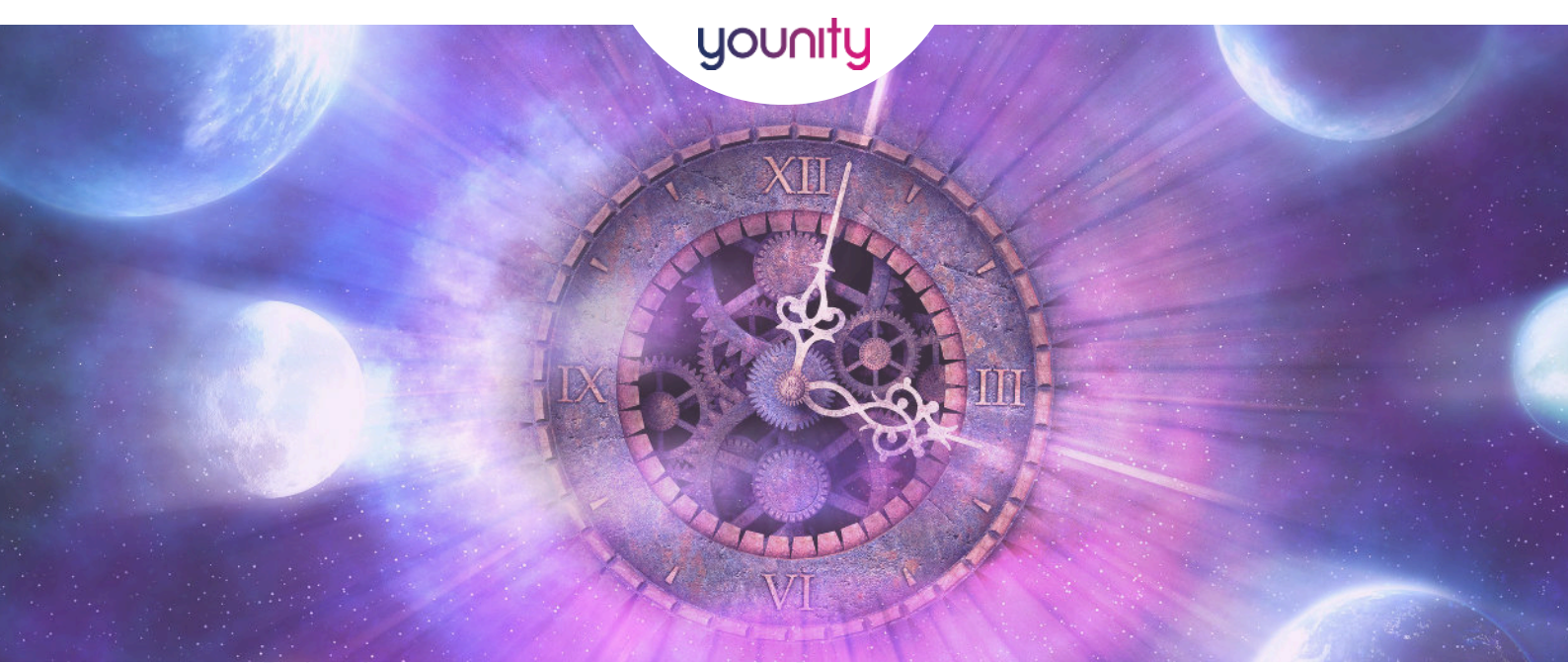
3. How can I align my actions today with the long-term lessons and growth my soul is seeking?

YOUR BLUEPRINT AND THE COSMIC DANCE



The Sun, Moon, and Ascendant offer an incredible starting point for understanding your personal astrological blueprint. However, they are just a small piece of the larger cosmic puzzle. Many other constellations and planetary alignments also shape the essence of who you are, each offering its own unique influence on your personality, emotions, and life journey.

But it doesn't stop there. The cosmos isn't static—it's in constant motion. **The celestial movements happening right now and throughout each year also play a vital role in our lives.** These ever-changing cosmic energies interact with your personal blueprint, creating opportunities for growth, transformation, and alignment.



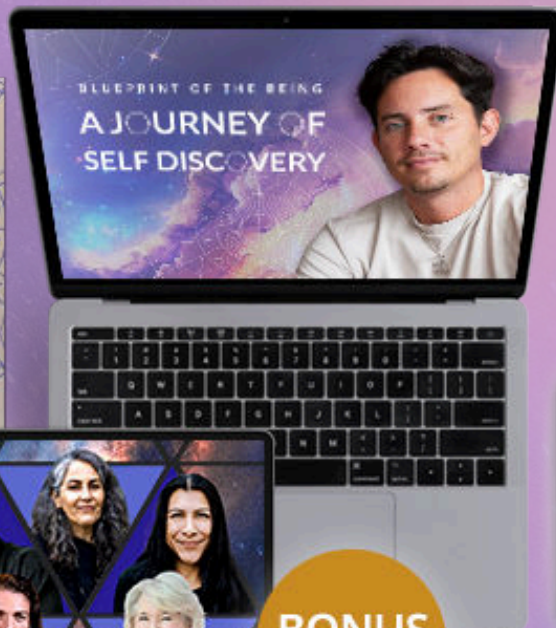
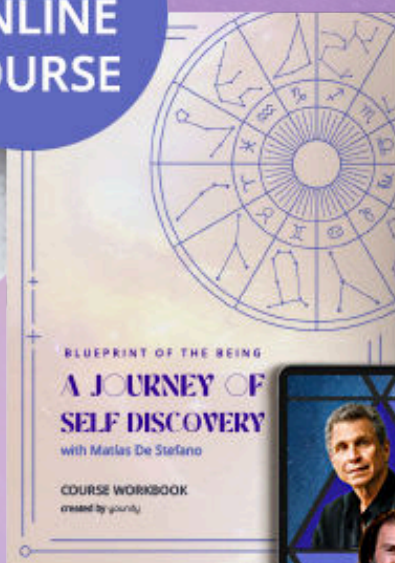
By understanding the interplay between your soul's blueprint and the larger cosmic cycles, you **gain profound insights into who you are and where you're going.** This knowledge acts as a compass, helping you navigate life's challenges with clarity and purpose. **It can show you how to align with the energies around you, reducing feelings of being lost or overwhelmed by all the things you think you "should" be doing.** Instead, it helps you focus on what truly matters—your soul's unique journey.

The combination of these two perspectives—your inner blueprint and the cosmic rhythms—can **illuminate the path ahead, giving you the tools to move forward with confidence and ease.**

Thank You for Joining Us

We hope the insights shared in this guide have sparked your curiosity and helped you take the first steps in exploring the connection between your inner and outer cosmos. Do you want to explore all 12 Portals in-depth and join a community that is actively working on deciphering their astrological blueprint?

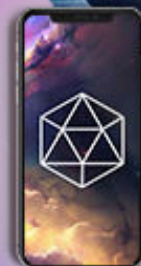
**FULL
ONLINE
COURSE**



**MEDITATION
BUNDLE**



**BONUS
CONTENT**



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